

The *śītapitta* group of disorders (urticaria and similar syndromes)  
and its development in āyurvedic literature  
from early times to the present day



for Manoj and Pavana

# SUPPLEMENTS TO eJIM

(eJOURNAL OF INDIAN MEDICINE)

## 3

### EDITORIAL BOARD

Dr. Jan Meulenbeld  
Dr. Maarten Bode  
Prof. Dr. René T.J. Cappers  
Prof. Dr. Jan E.M. Houben  
Dr. H. Friso Smit

### ADVISORY BOARD

Dr. Dominik Wujastyk  
Dr. Fabrizio Speziale

### BOARD'S CONTACT ADDRESS

Dr. Jan Meulenbeld  
De Zwaan 11  
9781JX Bedum  
the Netherlands  
[meulnbd@xs4all.nl](mailto:meulnbd@xs4all.nl)

### PUBLISHERS' CONTACT ADDRESS

Barkhuis  
Zuurstukken 37  
9761 KP Eelde  
the Netherlands  
[info@barkhuis.nl](mailto:info@barkhuis.nl)  
[www.barkhuis.nl](http://www.barkhuis.nl)

# The *śītapitta* group of disorders

(urticaria and similar syndromes)

and its development in āyurvedic literature

from early times to the present day

by

Jan Meulenbeld

Cover design: Coltsfootmedia, Noordwolde, the Netherlands  
Cover illustration: Examples of the appearance of urticaria  
Book design: Barkhuis

ISSN eJIM printed edition: 1877-8313  
ISSN eJIM on-line edition: 1877-8321  
ISBN of this volume: 978-90-77922-76-7

Copyright © 2010 Jan Meulenbeld

*All rights reserved. No part of this publication or the information contained herein may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronical, mechanical, by photocopying, recording or otherwise, without prior written permission from Jan Meulenbeld.*

*Although all care is taken to ensure the integrity and quality of this publication and the information herein, no responsibility is assumed by the publishers nor the author for any damage to property or persons as a result of operation or use of this publication and/or the information contained herein.*

# Contents

<b>1 Introduction</b>	<b>1</b>
<b>2 The term <i>udarda</i></b>	<b>3</b>
<i>Udarda</i> in the <i>Carakasamhitā</i>	3
<i>Udarda</i> in the <i>Suśrutasaṃhitā</i>	5
<i>Udarda</i> in the <i>Aṣṭāṅgahr̥dayasaṃhitā</i>	5
<i>Udarda</i> in the <i>Aṣṭāṅgasaṃgraha</i>	9
<i>Udarda</i> in some other medical treatises	11
<b>3 The terms <i>koṭha</i> and <i>utkoṭha</i></b>	<b>13</b>
The term <i>koṭha</i> in in the <i>Carakasamhitā</i>	15
The term <i>koṭha</i> in the <i>Suśrutasaṃhitā</i>	21
The members of the <i>elādika</i> group	21
Passages where the members of the <i>elādikagaṇa</i> are mentioned	22
The botanical identities of the members of the <i>elādikagaṇa</i>	56
The term <i>koṭha</i> in the <i>Aṣṭāṅgahr̥dayasaṃhitā</i>	64
The term <i>koṭha</i> in the <i>Aṣṭāṅgasaṃgraha</i>	80
The term <i>koṭha</i> in other medical treatises	87
<b>4 The <i>Mādhavanidāna</i>: the emergence of <i>śītapitta</i></b>	<b>91</b>
Comments	97
<b>5 The uses of the <i>udardapraśamana</i> drugs</b>	<b>103</b>
The <i>Carakasamhitā</i>	103
Other treatises	117
Uses in the secondary literature	156
Other drugs counteracting <i>śītapitta</i> and related disorders	157
<b>6 The botanical identities of the <i>udardapraśamana</i> drugs</b>	<b>163</b>
<b>7 Treatises dealing with <i>śītapitta</i> and related disorders, roughly arranged according to their chronological order</b>	<b>169</b>
<i>Mādhavacikitsā</i> I (text of the printed edition)	169
<i>Mādhavacikitsā</i> II (text of the Paris manuscript)	175
<i>Siddhayoga</i> 52	176

<i>Cakradatta</i> 49	190
<i>Rājamārtaṇḍa</i> 8.12	200
<i>Gadanigraha, kāyacikitsākhaṇḍa</i> 37	201
<i>Cikitsāsārasaṃgraha</i> 58	204
<i>Śārṅgadharasaṃhitā</i> I.7.102	209
<i>Śārṅgadharasaṃhitā</i> II.1.20 (edition Brahmānand Tripāṭhī)	210
<i>Vaidyamanoramā</i>	211
<i>Vīrasimhāvaloka</i> p.226–228	212
<i>Pathyāpathyaviniścaya</i> 437–441	215
<i>Bhāvaprakāśa, cikitsāprakaraṇa</i> 55	217
<i>Yogacandrikā</i>	222
<i>Vaidyacintāmaṇi</i> chapter 50, p.390–392	229
<i>Āyurvedasaukhya</i> No. 7, chapter VI (p.127–133)	236
<i>Vaidyāmṛta</i> p.47	241
<i>Añjananidāna</i> 206	241
<i>Yogatarāṅgiṇī</i> 63 (p.254–255)	242
<i>Bṛhadyogatarāṅgiṇī</i> II, chapter 121, p.797–799	244
<i>Vaidyacandrodaya</i> p.80 (verses 241–242)	248
<i>Vaidyakaustubha</i> 7.77–91	249
<i>Vaidyavinodasaṃhitā</i> 13.66–74	254
<i>Vaidyarahasya</i> p.208–211	258
<i>Cikitsāmañjarī</i> chapter 6.10–11, p.24	262
<i>Āyurvedābdhisāra</i> 4304–4339	263
<i>Yogaratnākara</i> p.697–699	270
<i>Yogaratnasamuccaya</i> 18.488–507	273
<i>Vaidyaratna, prakāśa</i> 3.213–219	278
<i>Bhaisajyaratnāvalī</i> chapter 55	280
<i>Abhinavacintāmaṇi</i> 51 (p.504–505)	288
<i>Rasendrasārasaṃgraha</i>	292
<i>Sahasrayoga, taila</i> 25: <i>elāditaila</i>	293
<i>Amṛtasāgara</i> p.466–468	294
<i>Vaidyakaśāroddhāra, pariccheda</i> 13 (p.225–226)	299
<i>Āyurvedavijñāna</i> II, p.188–191	301
<i>Nighaṅṭuratnākara</i> II, p.708–710	305
<i>Bṛhannighaṅṭuratnākara, bhāga</i> 6, p. 179–184	310
<i>Siddhabheṣajamaṇimālā, gucchaka</i> 4.878–881, p.208	316
<i>Siddhaprayogalatikā</i> , chapter 24	318
<i>Rasayogasāgara</i>	326
<i>Rasajalanidhi</i> vol. V, p.121–122	327
<i>Siddhāntanidāna</i> , chapter 6, p.170–172	327



<i>Siddhayogasamgraha, adhikāra 7</i>	330
<i>Ṣoḍaśāṅgahr̥daya, p.246</i>	331
<b>8 General summary and deliberations</b>	<b>333</b>
The medical interpretation of the <i>śītapitta</i> group of disorders	346
Conclusions	347
<b>Abbreviations</b>	<b>349</b>
<b>References</b>	<b>351</b>
<b>Index 1. Botanical names of plants</b>	<b>359</b>
<b>Index 2. Sanskrit names of plants</b>	<b>367</b>
<b>Index 3. Groups (<i>gaṇa</i>) of medicinal substances     and pharmaceutical formulations</b>	<b>377</b>
<b>Index 4. Miscellanea</b>	<b>381</b>